



All Saints'

Friday Flyer

Events Next Week

Monday 6th July

Y2 Hazel and Maple - End of year performance 2pm
Tickets are purchased through Arbor

Tuesday 7th July

Y2 Hazel and Maple - End of year performance 6pm
Tickets are purchased through Arbor

Wednesday 8th July

Y6 at Highfields to watch Beauty and The Beast performance
This will take place during the school day.
Please send your child with a packed lunch on the day.

Thursday 9th July

All Saints transition afternoon - a transition letter has been sent out with all the relevant information

Friday 10th July

Y5 and Y6 Sports day - Parents and carers to arrive from 1:15pm on, please queue at the office school gate, access will be down the path/steps by the office and Y6 area onto the field. A selection of soft drinks will be available for parents and carers to purchase for £1 each, please bring the correct change where possible. We look forward to seeing you

Announcements

Year 1 parents/carers

We wish to welcome you to a smoothie making afternoon, on Thursday 16th July at 2pm.

During this afternoon, the children will have an opportunity to learn about healthy eating and create their own smoothie. This will be a fun, hands-on activity that will encourage teamwork and trying new foods!

The school will be providing a range of fruit for your child to add into their smoothie.

Thank you very much for your continued support.

Homework Hangout Clubs

Teachers will be handing out the last homework of the school year on 8th July. The last Y3 + Y5 homework hangout will be 8th July and Y4 + Y6 will be 9th July

Parking at school sites

Please can we ask that there is no stopping or parking on the yellow zigzag lines outside of school and people are parking safely. This will enable child and parents to arrive at school safe and well.

Thank you

Arbor Payments

Please could you log onto Arbor and check if you have any outstanding payments for trips, residential or clubs.

Thank you

Junior Music Lessons for Next Year

If your child is in our current Year 2 - Year 5 and wishes to begin to learn an instrument at school please email the music teachers directly with any queries you may have, this may be in relation to their lesson fees, equipment and what times they visit.

Please also ensure if your child already has lessons that you notify the teacher that your child wishes to continue.

Piano - Charlie Mathews:

charliemathews82@googlemail.com

Guitar & Ukulele - Stephen Fletcher:

fletcher.steve@hotmail.com

Recorder & Piano - Caroline Hand

carolinehand@btopenworld.com

Violin - Helen Coleman

helencoleman.derbyshiremusic@outlook.com

Woodwind - Nicholas Stacey nstacey@btinternet.com

Weekly After School Clubs

Monday

Year 1 and 2 - Craft Club -
3.15pm - 4.15pm

Tuesday

Infants Gardening Club 3.15 - 4.15pm
collection from ASI Reception
Juniors Chess and Boardgames Club 3.30- 4.30pm

Wednesday

Y3 & 5 Homework Club
3.30- 4.15 - last session
on 8th July

Thursday

Y4 & 6 Homework Club 3.30-4.15pm - last session
on 9th July
Juniors Galactico Football Club 3.30- 4.30pm
Juniors Rural Derbyshire Athletics club 3.30-
4.30pm

Don't forget we also have our Sunset Club for your afterschool needs.
Speak to either Junior or Infant office for more information.

This Weeks Internet Safety Infomation

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators MANAGING DIGITAL BOUNDARIES FOR CHILDREN UNDER FIVE

Screens are part of everyday life, but they should not take over early childhood routines. For under-fives, healthy digital habits are built through simple, steady boundaries that protect sleep, play, connection, and development. Current UK guidance advises avoiding screen time for children under two – except for shared activities such as video calls – while children aged two to five should ideally have no more than one hour a day.

1 ASK A GROWN-UP FIRST

For under-fives, autonomy is important, but not when it comes to choosing digital content. Establish an 'ask a grown-up first' rule early, whether at home or in an early years setting. Adults should choose the video, app, or game, therefore helping children avoid unsuitable content and understand that devices are tools to be guided, not toys to control.

2 PROTECT SLEEP BUFFERS

Screens can make it harder for young children to wind down, especially when content is bright, noisy, or fast paced. Aim for a screen-free hour before sleep or start with 30 minutes if that feels more realistic. Use this time for calming routines such as stories, bath time, quiet play, or cuddles, helping children recognise that bedtime is approaching.

3 CO-VIEW AND CHAT

Screen time is safer and more meaningful when adults are involved. Sit with children, even briefly, and talk about what they're watching. Ask simple questions like, "What can you see?" or "How does that character feel?" This turns passive viewing into shared interaction, supports language development, and helps adults spot adverts, unsuitable content, or confusing messages.

4 KEEP DEVICES HIDDEN

Young children are more likely to ask for screens when they can see or reach them. Keep devices out of sight when they're not being used, and consider casting content to a shared screen instead of handing over a phone or tablet to a child. This reduces private scrolling, supports shared viewing, and helps adults stay in control of what appears next.

5 PLAN THE TRANSITION

The hardest part of screen time is often stopping. Before the screen goes off, tell the child what's coming next and offer two acceptable choices, such as blocks or drawing. This gives them a sense of agency without removing the boundary. A planned next activity prevents a sudden gap, which can quickly become frustration or distress.

6 LEAD BY EXAMPLE

Children notice adult habits long before they understand adult explanations. If they're expected to put their screens away, they need to see adults doing the same thing during meals, play, and conversations. Create a shared 'phone home', such as a basket or shelf, to show that technology has a place in daily life but does not need constant attention.

7 MAKE SCREENS PREDICTABLE

Young children do not always understand minutes, but they quickly learn patterns. When screen time happens at a regular point in the day, it becomes a routine rather than a negotiation. Use the same start and finish signals each time, such as a timer, goodbye wave, or tidy-away moment, so children know what to expect next.

8 CREATE SCREEN ZONES

Physical boundaries help children understand digital boundaries. Keep screens out of bedrooms to protect their sleep and away from tables to preserve mealtime connections. Choose one agreed 'yes space', such as a shared living room area or supervised classroom corner. This makes limits feel less personal and more like a clear family or setting routine.

9 USE SIMPLE SCRIPTS

Transitions are easier when children hear the same calm language each time. Use short, repeatable phrases such as, "First tidy, then tablet," or "When the timer beeps, we stop." Avoid long explanations during emotional moments. Simple scripts reduce negotiation, help adults stay consistent, and give children clear expectations they can gradually understand and follow.

10 PRIORITISE SLOW CONTENT

Not all screen time feels the same to a young child's brain. Fast-paced clips, loud sounds, and rapid scene changes can make it harder for some children to settle down afterwards. Choose slower content with simple stories, gentle voices, and natural pauses. Think of digital content like food, with more calm, nourishing choices than fast-paced, digital 'sugar rushes'.

Meet Our Expert

Neha Agarwal is the founder of Cyber Ved Kids, an innovative educational initiative that transforms complex cybersecurity concepts into engaging, age-appropriate adventures for children aged 3-10. With her unique background leading cybersecurity services for corporates and serving as an expert panel advisor on Internet Matters, Neha brings corporate-grade cybersecurity expertise to the early years world.



#WakeUpWednesday

The National College

See full reference list on our website

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Future Dates

Thursday 9th July - All Saints Transition Afternoon
 Monday 13th July Y3 – Art Sketching Parent Workshop- 2.30 to 3.15pm
 Monday 20th July - Y6 Performance 2pm and 6pm
 Tuesday 21st July - Yr6 Performance 6pm
 Wednesday 22nd July - Y2 Leavers Service - 9.30am
 Wednesday 22nd July - Yr6 Leavers Party
 Thursday 23rd July - Y6 Leavers Service - 9.30am
 Leavers Clap Out 3.15

Next years Inset days

Friday 4th September
 Monday 22th February
 Thursday 27th May
 Friday 28th May
 Monday 26th July

Meet the Teachers!

Year 1 – Year 6

Tuesday 8th September Infants: 3.30pm – 4.30pm
 Tuesday 8th September Juniors: 4.30pm – 5.30pm
 Wednesday 9th September Juniors: 3.30pm – 4.30pm
 Wednesday 9th September Infants: 4.30pm – 5.30pm

Who can I go to for support?

