



School Office  
**Friday Flyer!**



**All Saints'**

*family, faith, flourish*

*"God gave you that gift... Now let it flourish, as a small flame grows into a fire" (2 Timothy 1:6 - 1CB)*

## School Office Friday Flyer!

### REMINDERS FOR THE WEEKS AHEAD

<b>Monday 2<sup>nd</sup> February</b>	<p><b>Little Saints Toddler Group 9:30am – 11am at the Infants</b></p> <p><u>Monday After School Clubs</u>            Junior School Glee Club 3.30-4.30pm            Junior Eco Club 3.30 – 4.30pm            Y6 Maths Club 3.30pm – 4.15pm</p>
<b>Tuesday 3<sup>rd</sup> February</b>	<p><b>INFANT &amp; NURSERY SCHOOL DISCOS</b>  <b>EYFS 3.15 - 4.00</b>  <b>Y1/Y2 4.30 - 5.15</b>  <b>Tickets are available to purchase through Arbor</b></p> <p><b>Y5 Swimming</b></p> <p><u>Tuesday After School Clubs</u>            Infants Gardening Club 3.15 – 4.15pm – <b>cancelled due to Disco</b>            Juniors Dodgeball Club 3.30-4.30 pm</p>
<b>Wednesday 4<sup>th</sup> February</b>	<p><b>JUNIOR SCHOOL DISCO</b>  <b>Y3/Y4 4.30 - 5.15</b>  <b>Y5/Y6 5.45 - 6.30</b>  <b>Tickets are available to purchase through Arbor</b></p> <p><u>Wednesday After School Clubs</u>            Infants Craft Club 3.15-4.15pm collection from ASI Reception            Juniors Dance Club 3.30-4.30pm            Y3 &amp; 5 Homework Club 3.30– 4.15pm</p>
<b>Thursday 5<sup>th</sup> February</b>	<p><u>Thursday After School Clubs</u>            Juniors Craft Club 3.30-4.30 pm            Y6 Tutoring collection 4:30pm (<i>You will have received an Arbor message if your child is involved</i>)            Y4 &amp; 6 Homework Club 3.30–4.15pm</p>
<b>Friday 6<sup>th</sup> February</b>	<p><b>Forest School – Larch Class</b></p>
<b>Monday 9<sup>th</sup> February</b>	<p><b>Infant Parents’ evening – appointments are booked through Arbor</b></p> <p><b>Hawthorn Parents’ evening - appointments are booked through Arbor</b></p> <p><b>Little Saints Toddler Group 9:30am – 11am at the Infants</b></p> <p><u>Monday After School Clubs</u>            Junior School Glee Club 3.30-4.30pm            Junior Eco Club 3.30 – 4.30pm            Y6 Maths Club 3.30pm – 4.15pm</p>

Tuesday 10 <sup>th</sup> February	Junior Parents' evening – appointments are booked through Arbor
	<b>Y5 Swimming</b> <u>Tuesday After School Clubs</u> Infants Gardening Club 3.15 – 4.15pm collection from ASI Reception Juniors Dodgeball Club 3.30-4.30 pm – <b>Cancelled due to Parents' Evening</b>
Wednesday 11 <sup>th</sup> February	Infant Parents' evening – appointments are booked through Arbor  Hawthorn Parents' evening - appointments are booked through Arbor
	<u>Wednesday After School Clubs</u> Infants Craft Club 3.15-4.15pm <b>Cancelled due to Parents' Evening</b> Juniors Dance Club 3.30-4.30pm Y3 & 5 Homework Club 3.30– 4.15pm
Thursday 12 <sup>th</sup> February	Junior Parents' evening – appointments are booked through Arbor
	<u>Thursday After School Clubs</u> Juniors Craft Club 3.30-4.30pm <b>Cancelled due to Parents' Evening</b> Y6 Tutoring collection 4:30pm <b>Cancelled due to Parents' Evening</b> Y4 & 6 Homework Club 3.30–4.15pm
Friday 13 <sup>th</sup> February	<b>Forest School – Larch Class – FINAL FOREST SCHOOL SESSION</b>  <b>Last Day of Term -Children return on Tuesday 24<sup>th</sup> February</b>

Please do not hesitate to contact us on 01629 58293 or by email [info@allsaintsfed.derbyshire.sch.uk](mailto:info@allsaintsfed.derbyshire.sch.uk) with any questions or queries

#### 2025-2026 SCHOOL YEAR TERMS AND INSET DAYS:

Thursday 4 <sup>th</sup> September	INSET – School Closed for staff training
Friday 5 <sup>th</sup> September	INSET – School Closed for staff training
Monday 24 <sup>th</sup> November	INSET – School Closed for staff training
Monday 23 <sup>rd</sup> February	INSET – School Closed for staff training
Monday 1 <sup>st</sup> June	INSET – School Closed for staff training

**Derbyshire County Council  
School Calendar 2025/26**

August 2025							September 2025 (19)							October 2025 (18)									
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
31					1	2	3	36	1	2	3	4	5	6	7	40		1	2	3	4	5	
32	4	5	6	7	8	9	10	37	8	9	10	11	12	13	14	41	6	7	8	9	10	11	12
33	11	12	13	14	15	16	17	38	15	16	17	18	19	20	21	42	13	14	15	16	17	18	19
34	18	19	20	21	22	23	24	39	22	23	24	25	26	27	28	43	20	21	22	23	24	25	26
35	25	26	27	28	29	30	31	40	29	30						44	27	28	29	30	31		

November 2025 (20)							December 2025 (15)							January 2026 (20)									
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
44						1	2	49	1	2	3	4	5	6	7	1				1	2	3	4
45	3	4	5	6	7	8	9	50	8	9	10	11	12	13	14	2	5	6	7	8	9	10	11
46	10	11	12	13	14	15	16	51	15	16	17	18	19	20	21	3	12	13	14	15	16	17	18
47	17	18	19	20	21	22	23	52	22	23	24	25	26	27	28	4	19	20	21	22	23	24	25
48	24	25	26	27	28	29	30	1	29	30	31					5	26	27	28	29	30	31	

February 2026 (15)							March 2026 (20)							April 2026 (14)									
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
5							1	9						1	14			1	2	3	4	5	
6	2	3	4	5	6	7	8	10	2	3	4	5	6	7	8	15	6	7	8	9	10	11	12
7	9	10	11	12	13	14	15	11	9	10	11	12	13	14	15	16	13	14	15	16	17	18	19
8	16	17	18	19	20	21	22	12	16	17	18	19	20	21	22	17	20	21	22	23	24	25	26
9	23	24	25	26	27	28		13	23	24	25	26	27	28	29	18	27	28	29	30			
								14	30	31													

May 2026 (15)							June 2026 (22)							July 2026 (17)									
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
18					1	2	3	23	1	2	3	4	5	6	7	27		1	2	3	4	5	
19	4	5	6	7	8	9	10	24	8	9	10	11	12	13	14	28	6	7	8	9	10	11	12
20	11	12	13	14	15	16	17	25	15	16	17	18	19	20	21	29	13	14	15	16	17	18	19
21	18	19	20	21	22	23	24	26	22	23	24	25	26	27	28	30	20	21	22	23	24	25	26
22	25	26	27	28	29	30	31	27	29	30						31	27	28	29	30	31		

**Denotes** Bank holidays **Denotes** School holiday dates  
195 days – including 5 days to be taken as INSET days

PUBLIC

**Future Dates**

Date	Infant School	Junior School
Tuesday 24 <sup>th</sup> February		Y4 Parent Meeting re, Acclimatize Sleepover (8 <sup>th</sup> May)
Monday 2 <sup>nd</sup> March		Y6 Bikeability – ALL WEEK
Wednesday 4 <sup>th</sup> March		Y4 Viking Workshop
Thursday 5 <sup>th</sup> March		<b>WORLD BOOK DAY</b> 📖
Monday 9 <sup>th</sup> March		Y6 Bikeability – ALL WEEK
Friday 20 <sup>th</sup> March		<b>RED NOSE DAY</b> 🐻

Tuesday 24 <sup>th</sup> March	<b>Infant Easter Service – All Saints Church at 9.30am</b>	
Wednesday 25 <sup>th</sup> March		<b>Y3 &amp; 4 Easter Service - All Saints Church at 9.30am</b>
Thursday 23 <sup>rd</sup> April	<b>Nursery &amp; EYFS Trip to Bluebell Dairy Farm</b>	
Monday 27 <sup>th</sup> April	<b>Infant Class Photos</b>	
Tuesday 28 <sup>th</sup> April		<b>Junior Class Photos</b>
Thursday 7 <sup>th</sup> May		<b>Y5 Trip to Eyam</b>
Friday 8 <sup>th</sup> May		<b>Y4 Acclimatize Sleepover</b>
Friday 15 <sup>th</sup> May		<b>Y6 Celebration Event- Whitworth Park</b>
Thursday 21 <sup>st</sup> May		<b>The Bunting Cup</b>
Friday 22 <sup>nd</sup> May		<b>Y3 &amp; 4 Sports Day</b>
Friday 19 <sup>th</sup> June	<b>Infants Sports Day</b>	
Wednesday 24 <sup>th</sup> June		<b>Y4 Cultural City Day (Derby)</b>
Friday 26 <sup>th</sup> June		<b>Y5 &amp; 6 Sports Day</b>
Monday 29 <sup>th</sup> June		<b>Y6 Residential to Whitehall (2 night)</b>
Thursday 2 <sup>nd</sup> July		<b>Y6 Highfields Transition Day</b>  <b>Y6 Highfields Parents Evening to meet with key staff. More details will be confirmed nearer the time.</b>
Wednesday 15 <sup>th</sup> July	<b>Y2 Performance</b>	
Thursday 16 <sup>th</sup> July	<b>Y2 Performance</b>	
Wednesday 22 <sup>nd</sup> July	<b>Y2 Leavers Service</b>	
Thursday 23 <sup>rd</sup> July		<b>Y6 Leavers Service</b>

### **Other News / Information**

- ❖ Please complete any outstanding **Consents** in Arbor on your home screen/notices to ensure your child does not miss out on any upcoming events and we have the correct permissions, thank you.
- ❖ Guardians will be notified about new in-app messages received on Arbor. Push notifications will be sent to those guardians who installed the mobile app and enabled push notifications. For those who do not have the mobile app installed, or have not enabled push notifications, an email will be sent instead, **to ensure you receive messages promptly please ensure you have push notifications enabled.**
- ❖ Please bring any Book Swap costumes to the Infant and Junior Offices ready for the Costume Giveaway on the 26<sup>th</sup> February

WORLD  
BOOK  
DAY

JOIN US FOR WORLD BOOK DAY

# COSTUME SWAP

PLEASE  
DONATE YOUR  
OLD COSTUMES



COSTUME GIVEAWAY EVENT THURSDAY 26TH FEBRUARY | 3.30PM

DONATIONS OF SPARE COSTUMES BROUGHT TO THE SCHOOL  
OFFICE DURING JANUARY AND FEBRUARY

ALL SAINTS' CE INFANT AND JUNIOR SCHOOL

Sunset Club

# VALENTINE'S DAY SPECIAL

BRING A FRIEND  
FOR FREE  
THURSDAY  
12TH FEBRUARY

Valentine's Day themed  
crafts, games and food

If you have booked into this session  
then simply send us an email stating  
the friend you wish to bring and  
we will send their parents a  
consent form to fill in on

[info@allsaintsfed.derbyshire.sch.uk](mailto:info@allsaintsfed.derbyshire.sch.uk)



- ❖ Nursery children wanting to attend the EYFS disco are welcome to bring a change of clothes ready to attend the disco straight from school.
- ❖ Infant Gardening Club Gardening Club is cancelled on 3rd Feb.
- ❖ Y3 & Y4 children at Sunflower Dance or in Y3 Homework Club (on Wednesday 4th February) to bring disco outfit to school & staff will ensure they can get changed and make their way to the hall.

# What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

## WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9-16 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

### POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified information, contributing to misinformation, myths, and overcomplications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

### RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnoses now exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

### LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

### IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'tricks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

### MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

### REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

## Advice for Parents & Educators

### MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

### SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

### IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

### ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigate misinformation, and build trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

### Meet Our Expert

Anna Bateman is Director of Holycroft Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



#WakeUpWednesday

The National College

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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# AFTER SCHOOL CLUBS

## Spring Term 1

Bookings are now open for our fantastic after-school clubs next term: Join in the fun with these exciting activities:



### Glee Club (Juniors – Monday)

Sing, perform, and have fun!



### Gardening Club

(Infants – Tuesday)

Discover nature and learn how to grow plants!



### Dodgeball Club (Juniors – Tuesday)

Fast-paced and energetic team games!

### Dance Club (Juniors – Wednesday)

Move, groove, and express yourself!



### Craft Club (Infants – Wednesday

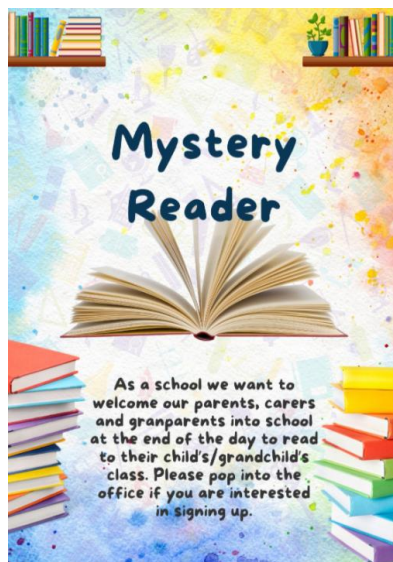
| Juniors – Thursday)

Get creative and make something amazing!

## All Saints' – Mystery Reader

**What is it?** We want to welcome parents, carers and grandparents into school at the end of the school day (2.45pm) to read to their child/s Year Group. Please feel free to bring your own book or we can provide you with one.

**How and when?** Please come along to the Infant or Junior office for more information



### ❖ **Bookings for Breakfast Club and Sunset Club**

All bookings for Breakfast Club and Sunset Club are now made on Arbor and payment is taken at the time of booking. If you need to change or cancel a booking, please email [info@allsaintsfed.derbyshire.sch.uk](mailto:info@allsaintsfed.derbyshire.sch.uk) and this will be actioned by the office staff.

- ❖ Please could you ensure that names are in children's coats, uniform, PE kit, bags etc. Both infant and junior lost property is building up so please look at the lost property area in both schools if you feel you have something missing. Y1/2 in the entrance to KS1 block, EYFS in their entrance and juniors at the hall entrance.
- ❖ If any parents have All Saints' Junior School spare PE kit items at home that were borrowed, please could these be returned to school. If you are having a clear-out, we would also greatly appreciate any donations of extra jogging bottoms or shorts for our spare kit we keep in school - thank you



**All Saints'**  
family, faith, flourish  
*"You are not too old, when to search in a  
world from your side a lot" St. Francis 1451-1506*

## Getting in touch at All Saints' CE Juniors

Got a question that needs to go beyond the Office Team? Here's who to contact...



For general enquiries: [info@allsaintsfed.derbyshire.sch.uk](mailto:info@allsaintsfed.derbyshire.sch.uk)

For safeguarding or support: [safeguarding@allsaintsfed.derbyshire.sch.uk](mailto:safeguarding@allsaintsfed.derbyshire.sch.uk)

To contact our Inclusion Team call: **07586194660**

Or email: [earlyhelp@matlockanddales.derbyshire.sch.uk](mailto:earlyhelp@matlockanddales.derbyshire.sch.uk).

For SEND specific enquiries: [senco@matlockanddales.derbyshire.sch.uk](mailto:senco@matlockanddales.derbyshire.sch.uk)



# Autumn & Winter Menu

Available Daily:  
Bread, Salad,  
Fruit, Yoghurt  
& Drinking  
Water

CELEBRATING  
120 YEARS  
OF SCHOOL  
MEALS

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	
03.11.25	The Main Event Beef Bolognese with Pasta & Seasonal Vegetables	Crispy Chicken or Quorn Burger V in a Bun with Potato Wedges & Seasonal Vegetables	Pork or Vegetarian V Toad in the Hole with Mashed Potatoes, Seasonal Vegetables & Gravy	Sweet & Sour Quorn Dippers Ve with Mixed Rice & Seasonal Vegetables	Golden Crumbed Fish Fingers with Chips, Baked Beans & Peas	
24.11.25	Alternative Choice	Margherita Pizza V & Seasonal Vegetables	Pasta with a Creamy Tomato Sauce V & Seasonal Vegetables	Creamy Cauliflower Bake V with Mashed Potatoes & Seasonal Vegetables	Vegetarian Mince Layered Tortilla Stack V with Mixed Rice & Seasonal Vegetables	
15.12.25					Vegetable Fingers Ve with Chips, Baked Beans & Peas	
19.01.26						
09.02.26	Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal. - Please speak with your school for their selection.				
09.03.26	Dessert	<b>NEW</b> Gingerbread Cookie	Chocolate Orange Muffin	<b>50%</b> Bitesize Cornflake Bar with Fruit	<b>NEW</b> Lemon Sponge Tart	<b>50%</b> Autumn Fruit Crumble with Custard

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	
10.11.25	The Main Event <b>NEW</b> Chicken Goujons with Homemade BBQ Sauce, Mixed Rice & Seasonal Vegetables	Margherita Pizza V with Seasonal Vegetables	Yorkshire Pudding with Beef Hot Pot / Roast Pork / Quorn Fillet V with Potatoes & Seasonal Vegetables	Big Breakfast with Sausage & Bacon or Vegan Breakfast Ve, Hash Browns, Baked Beans & Tomatoes	<b>NEW</b> Harry Ramsden's Battered Fish Fillet with Chips & Seasonal Vegetables	
01.12.25	Alternative Choice	Five Bean Chilli Taco Ve with Mixed Rice & Seasonal Vegetables	Veggie Bolognese Ve with Pasta, Seasonal Vegetables & Garlic Dough Balls	Cheese & Tomato Puff Pastry Swirl V with Seasonal Vegetables	Jacket Potato with Cook's Choice of Filling V & Seasonal Vegetables	
05.01.26					Creamy Cheesy Pasta Bake V with Crusty Bread & Seasonal Vegetables	
26.01.26						
23.02.26	Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal. - Please speak with your school for their selection.				
16.03.26	Dessert	Vanilla Shortbread Slice	Chocolate Cracknel	<b>50%</b> Bitesize Sprinkle Cake with Fruit	<b>50%</b> Jelly & Fruit	<b>NEW</b> Jam Roly Poly & Custard

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	
17.11.25	The Main Event Vegetarian Sausage Roll Ve, with Baked Beans, Herby Potatoes & Seasonal Vegetables	Pork or Vegan Meatball Sub Ve with a side of Pasta & Seasonal Vegetables	Roast of the Day or Quorn Fillet Ve with Stuffing, Mashed Potatoes, Seasonal Vegetables & Gravy	Chicken or Vegetable V Curry with Mixed Rice, Seasonal Vegetables & Flatbread	Golden Crumbed Fish Fingers with Chips, Peas & Sweetcorn	
08.12.25	Alternative Choice	Pasta with Homemade Tomato Sauce Ve & Seasonal Vegetables	Jacket Potato with Filling V & Seasonal Vegetables	Old School Cheesy Potato & Bean Pie V with Seasonal Vegetables	Mac & Cheese V with Seasonal Vegetables & Flatbread	
12.01.26					Pizza Panini V with Chips, Peas & Sweetcorn	
02.02.26						
02.03.26	Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal. - Please speak with your school for their selection.				
23.03.26	Dessert	<b>NEW</b> Toffee Apple Muffin	<b>50%</b> Bitesize Chocolate Crunch with Fruit	Cook's Choice of Mousse	<b>NEW</b> Carrot Cake Cookie	<b>NEW</b> Saucy Chocolate Pudding

# + VOLUNTEERS NEEDED



We are looking for new  
committee members and  
volunteers for the PTFA +



+ +  
PLEASE EMAIL US OR  
SPEAK TO US IN  
PERSON

+ +  
[ALLSAINTSJUNIORPTFA@GMAIL.COM](mailto:ALLSAINTSJUNIORPTFA@GMAIL.COM)