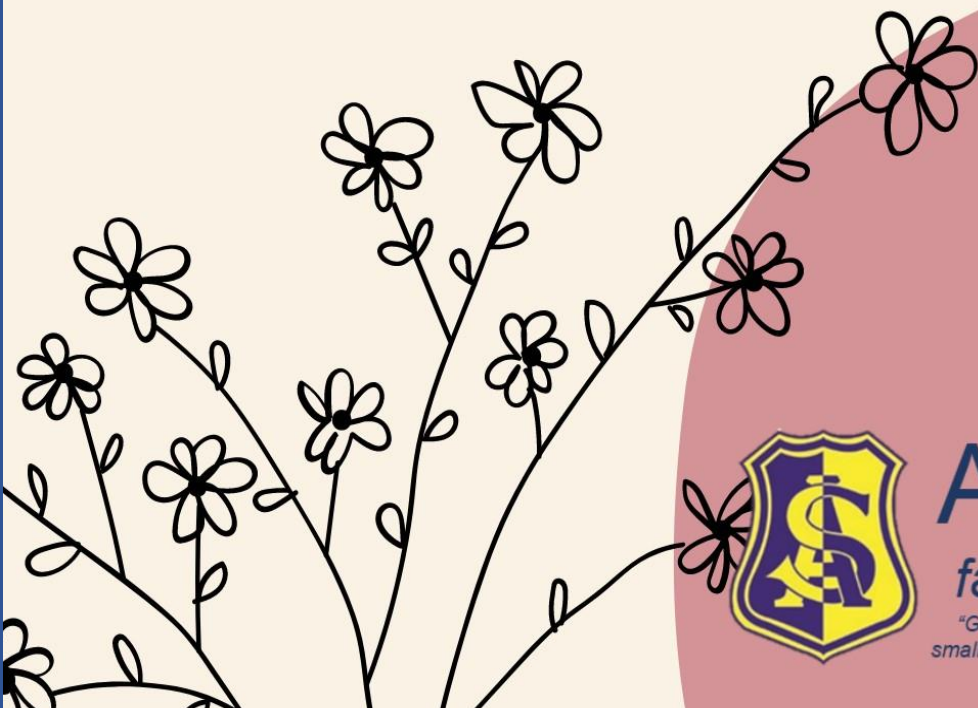




School Office

# Friday Flyer!



**All Saints'**

*family, faith, flourish*

"God gave you that gift... Now let it flourish, as a small flame grows into a fire" (2 Timothy 1:6 - 1CB)

## School Office Friday Flyer!

### REMINDERS FOR THE WEEKS AHEAD

<b>Monday 3<sup>rd</sup> February</b>	<ul style="list-style-type: none"> <li>● <b>Children’s Mental Health Week – Children will be taking part in lots of activities. Please look out for pictures on the School Blog!</b></li> <li>● <b>9.30 – 11am - Little Saints Parent and Toddler Group</b></li> <li>● <b>The National Child Measurement Programme</b> are visiting the <b>Infant school</b> to see the <b>Early Years pupils</b>. They have sent an email or letter to you in the post, please check your junk folders and post. If you have not received it, please contact <a href="mailto:llbd.ncmp@derbyshire.gov.uk">llbd.ncmp@derbyshire.gov.uk</a> to let them know that you have not received an email or letter. Include your child’s name, school, and date of birth. Alternatively, you can call them on 0800 085 2299 (<b>option 2</b>)</li> <li>● <b>Y1&amp;2 Singing After School Club</b></li> <li>● <b>Infants Qualitas After School Dodgeball Club</b></li> <li>● <b>Y4 &amp; 6 Homework Hangout</b></li> </ul>
<b>Tuesday 4<sup>th</sup> February</b>	<ul style="list-style-type: none"> <li>● <b>World Book Day Costume Swap (see poster below)</b></li> <li>● <b>Y1 &amp; 2 Homework After School Clubs</b></li> <li>● <b>Y5 Swimming – Lime and Hawthorn</b></li> <li>● <b>Y3 &amp; 4 Craftastic Club</b></li> <li>● <b>Y5 &amp; 6 Art &amp; Sketch Club</b></li> <li>● <b>Y6 Maths Club</b></li> <li>● <b>Juniors Qualitas After School Dance Club</b></li> </ul>
<b>Wednesday 5<sup>th</sup> February</b>	<ul style="list-style-type: none"> <li>● <b>Y1 &amp; Y2 After School Craft Club</b></li> <li>● <b>Forest School – Larch Class</b></li> <li>● <b>Y3 &amp; 5 Homework Hangout</b></li> <li>● <b>Juniors Qualitas After School Dodgeball Club</b></li> </ul>
<b>Thursday 6<sup>th</sup> February</b>	<ul style="list-style-type: none"> <li>● <b>Infants Qualitas After School Fundamentals Club</b></li> <li>● <b>PARENTS EVENING – JUNIORS - LIME CLASS ONLY</b></li> <li>● <b>Basketball Finals Competition - – <i>You will have received a ParentMail if your child is involved.</i></b></li> <li>● <b>Y4 Multiplication Tables Check (MTC) After School Club</b></li> <li>● <b>Y6 Tutoring – <i>You will have received a ParentMail if your child is involved.</i></b></li> </ul>
<b>Friday 7<sup>th</sup> February</b>	<ul style="list-style-type: none"> <li>● <b>Juniors Qualitas After School Handball</b></li> </ul>

Monday 10 <sup>th</sup> February	<ul style="list-style-type: none"> <li>• PARENTS EVENING – INFANTS</li> <li>• 9.30 – 11am - Little Saints Parent and Toddler Group</li> <li>• <del>Y1&amp;2 Singing After School Club</del> – CANCELLED DUE TO PARENTS EVENING</li> <li>• Infants Qualitas After School Dodgeball Club</li> <li>• Y4 &amp; 6 Homework Hangout</li> </ul>
Tuesday 11 <sup>th</sup> February	<ul style="list-style-type: none"> <li>• Y1 Fundamentals Sports Festival</li> <li>• Y1 &amp; 2 Homework After School Clubs</li> <li>• PARENTS EVENING - JUNIORS</li> <li>• Y5 Swimming – Lime and Hawthorn</li> <li>• <del>Y3 &amp; 4 Craftastic Club</del></li> <li>• <del>Y5 &amp; 6 Art &amp; Sketch Club</del></li> <li>• <del>Y6 Maths Club</del></li> <li>• CLUBS CANCELLED DUE TO PARENTS EVENING</li> <li>• Juniors Qualitas After School Dance Club</li> </ul>
Wednesday 12 <sup>th</sup> February	<ul style="list-style-type: none"> <li>• PARENTS EVENING – INFANTS</li> <li>• <del>Y1 &amp; Y2 After School Craft Club</del> – CANCELLED DUE TO PARENTS EVENING</li> <li>• Forest School – Larch Class</li> <li>• Y3 &amp; 5 Homework Hangout</li> <li>• Juniors Qualitas After School Dodgeball Club</li> </ul>
Thursday 13 <sup>th</sup> February	<ul style="list-style-type: none"> <li>• Infants Qualitas After School Fundamentals Club</li> <li>• PARENTS EVENING – JUNIORS (NOT LIME CLASS)</li> <li>• <del>Y4 Multiplication Tables Check (MTC) After School Club</del></li> <li>• <del>Y6 Tutoring – You will have received a ParentMail if your child is involved.</del></li> <li>• CLUBS CANCELLED DUE TO PARENTS EVENING</li> </ul>
Friday 14 <sup>th</sup> February	<ul style="list-style-type: none"> <li>• Juniors Qualitas After School Handball</li> </ul> <p><b>LAST DAY BEFORE SCHOOL CLOSES FOR HALF TERM</b></p>
<p>Please note:  You will have a received a Parentmail if your child is involved in any of the after school clubs.</p>	

Please do not hesitate to contact us on 01629 58293 or by email [info@allsaintsfed.derbyshire.sch.uk](mailto:info@allsaintsfed.derbyshire.sch.uk) with any questions or queries.

FURTHER DATES FOR YOUR DIARY	
Mon 24 <sup>th</sup> February	INSET – School Closed for staff training
Mon 21 <sup>st</sup> April	BANK HOLIDAY – School closed
Monday 5 <sup>th</sup> May	BANK HOLIDAY – School closed
Mon 2 <sup>nd</sup> June	INSET – School Closed for staff training

	INFANTS	JUNIORS
Tuesday 25 <sup>th</sup> February	<b>SCHOOL STARTS BACK AFTER HALF TERM</b>	
Tuesday 25 <sup>th</sup> February		Y4 Acclimatize & Sleepover Parents Meeting - Tuesday 25th February at 4:30pm in the Year 4 classrooms
Wednesday 26 <sup>th</sup> February	Y1 Fun Run Event – All Saints’ Juniors - 9.30am -11.00am	
Thursday 6 <sup>th</sup> March	<b>World Book Day</b>	
Thursday 13 <sup>th</sup> March		Primary Dance Day – Y6 to visit Highfields 9.30am – 12.30pm
Wednesday 26 <sup>th</sup> March	Y1 Trip to Crich Tramway Museum	
Friday 4 <sup>th</sup> April	<b>LAST DAY BEFORE SCHOOL CLOSSES FOR EASTER HOLIDAYS</b>	
Tuesday 22 <sup>nd</sup> April	<b>SCHOOL STARTS BACK AFTER EASTER BREAK</b>	
Wednesday 28 <sup>th</sup> April	Class Photos - INFANTS	
Thursday 29 <sup>th</sup> April		Class Photos - JUNIORS
Wednesday 30 <sup>th</sup> April		‘Y6 - This Girl Can’ - To inspire girls and give them confidence to try a range of sports.
Friday 2 <sup>nd</sup> May		Y4 Acclimatize Activity Day with sleepover at school
Tuesday 6 <sup>th</sup> May	Y2 Trip to the Open Centre	
Wednesday 8 <sup>th</sup> May		Y5 Trip to Eyam
Tuesday 20 <sup>th</sup> May	PTFA School Disco EYFS                3:30pm - 4:15pm Yr1 & Yr2        4:30pm - 5:15pm	
Wednesday 21 <sup>st</sup> May		PTFA School Disco Y3 & Y4            4:30pm - 5:15pm Y5 & Y6            5:45pm - 6:30pm
Thursday 22 <sup>nd</sup> May		The Bunting Cup
Friday 23 <sup>rd</sup> May		Y3 & Y4 Sports Day

Friday 23 <sup>rd</sup> May	<b>LAST DAY BEFORE SCHOOL CLOSSES FOR HALF TERM</b>	
Tuesday 3 <sup>rd</sup> June	<b>SCHOOL STARTS BACK AFTER HALF TERM</b>	
Thursday 5 <sup>th</sup> June		Y4 Trip to the Open Centre
Thursday 12 <sup>th</sup> June		South Peak Sports
Friday 13 <sup>th</sup> June	Infants Sports Day	
Friday 20 <sup>th</sup> June		Y5 & Y6 Sports Day
Friday 27 <sup>th</sup> June	PTFA Summer Fayre	
Monday 30 <sup>th</sup> June		Y4 Djembe Drums Performance – Larch Class
Tuesday 1 <sup>st</sup> July		<ul style="list-style-type: none"> <li>• Y6 Highfields Transition Day</li> <li>• Y6 Parents/Carers invited to meet the teachers AT Highfields in the evening – more details to follow</li> </ul>
Wednesday 2 <sup>nd</sup> July		Y6 Residential Trip to Walesby
Thursday 3 <sup>rd</sup> July		Y6 Residential Trip to Walesby
Friday 4 <sup>th</sup> July		Y6 Residential Trip to Walesby
Monday 7 <sup>th</sup> July		Y4 Djembe Drums Performance – Rowan Class
Wednesday 9 <sup>th</sup> July		Y5 & Y6 Visit to Highfields Musical Performance
Thursday 24 <sup>th</sup> July	<b>LAST DAY OF TERM BEFORE SUMMER BREAK</b>	

**Club Timings: -**

**Maths Clubs – 3.30pm – 4.15pm**

**Tutoring Groups – 3.30pm – 4.30pm**

**Homework Clubs – 3.30pm – 4.15pm**

**Art and Craft Clubs – 3.30pm – 4.15pm**

**Singing Club – 3.30pm – 4.15pm**

**Qualitas Clubs – 3.30pm – 4.30pm**

## Other News: -

❖ **Lost Property** – Infants have a large amount of unnamed lost property that we are unable to return to its owners, please could parents have a look in the lost property box in the teaching block doorway if they are missing any items.  
Lost property at Juniors can also be checked by parents at the beginning and the end of the day at the Y4 entrance (next to the hall) if your child is missing anything.

❖ **Parking at School** - Parking is always tricky at the school sites during drop-off and pick-up. Please allow yourself plenty of time as the area is likely to be busy. Please bear in mind our lovely neighbours' driveways and avoid blocking drives and access ways

❖ **Mystery Reader – All Saints Infants**

### **EYFS, Year 1 and Year 2 Mystery Reader – Spring Term**

#### **What is it?**

We want to welcome parents, carers and grandparents into school at the end of the school day (2.45pm) to read to their child/s Year Group. Please feel free to bring your own book or we can provide you with one.

#### **When?**

We have a sign-up sheet in the office with available slots.

#### **How?**

Please come along to the office to sign up for a slot of your choice and the office will confirm if the date is available.

❖ **WE NEED YOU!** – We are very much looking forward to welcoming our wonderful volunteers into school! We would love to hear from parents/carers/grandparents who can spare a few hours a week to come into our **Junior school** and support our children with their reading. Please contact us either by popping into our school office or via email at [info@allsaintsfed.derbyshire.sch.uk](mailto:info@allsaintsfed.derbyshire.sch.uk).

❖ **Year 6 Residential Trip 2025 to Walesby** A reminder that the next instalments are due on: -

- **31<sup>st</sup> January - Payment 4**
- **28<sup>th</sup> February - Payment 5**

WORLD  
**BOOK  
DAY**

JOIN US FOR WORLD BOOK DAY

# COSTUME SWAP

PLEASE  
DONATE YOUR  
OLD COSTUMES



COSTUME GIVEAWAY EVENT TUESDAY 4TH FEBRUARY | 3.30PM

DONATIONS OF SPARE COSTUMES BROUGHT TO THE SCHOOL  
OFFICE DURING JANUARY

**ALL SAINTS' CE INFANT AND JUNIOR SCHOOL**

# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



### 2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



### 3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



### 4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



### 5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



### 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



### 7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



### 9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



### 10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



## Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on a secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday

The National College



# Autumn & Winter Menu

Available Daily:  
Bread, Salad,  
Fresh Fruit  
Yoghurt &  
Drinking  
Water

## Allergen Key

Celery	C	Molluscs	Mo
Cereals	G	Mustard	Mu
Crustaceans	Cr	Nuts	N
Eggs	E	Peanuts	P
Fish	F	Sesame Seeds	So
Lupin	L	Soya	So
Milk	M	Sulphur Dioxide	Su

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Curry <b>G/M</b> with Rice & homemade Flatbread <b>G/So</b> & Seasonal Vegetables 	<b>V</b> Margarita Pizza <b>G/M</b> Served with Pasta <b>G</b> & Seasonal Vegetables	Roast of the Day with Yorkshire Pudding <b>E/G/M</b> Creamed Potatoes <b>M</b> , Seasonal Vegetables & Gravy	Beef Burger <b>G</b> in a Bun <b>G</b> with Potato Wedges & Baked Beans	Fish Fingers <b>F/G</b> with Chips, Carrots & Sweetcorn 
Option 2	<b>Ve</b> Five Bean Chili with Rice & a homemade Flatbread <b>G/So</b> & Seasonal Vegetables	<b>Ve</b> Vegetable Tagine served with Pasta <b>G</b> & Seasonal Vegetables	<b>Ve</b> Veggie Sausage <b>G</b> served with a Yorkshire Pudding <b>E/G/M</b> , Creamed Potatoes <b>M</b> , Seasonal Vegetables & Gravy 	<b>Ve</b> Vegan Burger <b>G/So</b> in a bun <b>G</b> with Homemade Potato Wedges & Seasonal Vegetables 	<b>V</b> Cheese & Tomato Pinwheel <b>E/G/M</b> with Chips, Carrots & Sweetcorn
Option 3	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Cooks choice of cookie <b>G</b>	Chocolate Cracknel <b>G/M</b>	Honey Cake with Fresh Fruit <b>E/G/M</b> 	Banana & Strawberry Yoghurt Muffin <b>E/G/M</b> 	Fruit Crumble <b>G</b> with Custard <b>M</b> 

Weeks Starting: 04.11.24 / 25.11.24 / 16.12.24 / 20.01.25 / 10.02.25 / 10.03.25 / 31.04.25

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pasta <b>G</b> Bolognese with French Stick <b>G</b> & Seasonal Vegetables	Big Breakfast <b>G/Su</b> with a Hash Brown, Baked Beans & Tomatoes	Roast of the Day with Stuffing <b>G</b> , Creamed Potatoes <b>M</b> , Seasonal Vegetables & Gravy	<b>V</b> Cheese & Tomato Pizza <b>G/M</b> with Pasta <b>G</b> & Seasonal Vegetables	Fish Stars <b>F/G</b> with Chips, Peas & Carrots 
Option 2	<b>Ve</b> Dippers <b>G</b> with Homemade Sauce, Pasta <b>G</b> & Seasonal Vegetables 	<b>Ve</b> Veggie Breakfast <b>G</b> with a Hash Brown, Baked Beans & Tomatoes 	<b>V</b> Veggie Cottage Pie <b>M/So</b> with Seasonal Vegetables & Gravy	<b>Ve</b> Veggie Balls <b>G</b> in a homemade tomato sauce with Pasta <b>G</b> & Seasonal Vegetables 	<b>Ve</b> Veggie Fingers <b>G</b> with Chips, Peas & Carrots 
Option 3	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Shortbread <b>G</b>	Lemon Slice <b>E/G</b>	Jelly & Fresh Fruit 	Chocolate Crunch <b>E/G</b> & Fresh Fruit 	Cornflake Tart <b>G</b> with Custard <b>M</b>

Weeks Starting: 11.11.24 / 02.12.24 / 06.01.25 / 27.01.25 / 24.02.24 / 17.03.25

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Pasta Bake <b>G/M</b> with Seasonal Vegetables & French Stick <b>G</b>	<b>V</b> Southern Style Burger in a bun <b>E/G/M</b> with Potato Wedges & Baked Beans 	Sausages <b>G/Su</b> & Mashed Potatoes <b>M</b> , Seasonal Vegetables & Gravy	Cottage Pie <b>M</b> & Seasonal Vegetables	Fish Fingers <b>F/G</b> with Chips, Peas & Sweetcorn 
Option 2	<b>V</b> Vegetable Pasta Bake <b>G/M</b> with Seasonal Vegetables & French Stick <b>G</b>	<b>V</b> Jacket Potato with Cheese <b>M</b> or Baked Beans & Seasonal Vegetables	<b>V</b> Broccoli & Cauliflower Cheesy Bake <b>G/M/Mu</b> with Seasonal Vegetables	<b>Ve</b> Vegan Sausage Roll <b>G</b> with Creamed Potatoes <b>M</b> , Seasonal Vegetables & Gravy	<b>V</b> Macaroni Cheese <b>G/M/Mu</b> with Peas & Sweetcorn
Option 3	Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection				
Dessert	Cooks choice of Cookie <b>G</b>	Flapjack <b>G</b>	Sprinkle Cake <b>E/G</b>	Beetroot Brownie <b>E/G</b> with Fruit	Sticky Toffee Apple Sponge <b>E/G</b> with Custard <b>M</b>

Weeks Starting: 18.11.24 / 09.12.24 / 13.01.25 / 03.02.25 / 03.03.25 / 24.03.25



# School calendar 2024/25



August 2024							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
31				1	2	3	4
32	5	6	7	8	9	10	11
33	12	13	14	15	16	17	18
34	19	20	21	22	23	24	25
35	26	27	28	29	30	31	

September 2024							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
35							1
36	2	3	4	5	6	7	8
37	9	10	11	12	13	14	15
38	16	17	18	19	20	21	22
39	23	24	25	26	27	28	29
40	30						

October 2024							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40		1	2	3	4	5	6
41	7	8	9	10	11	12	13
42	14	15	16	17	18	19	20
43	21	22	23	24	25	26	27
44	28	29	30	31			
45							

November 2024							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44					1	2	3
45	4	5	6	7	8	9	10
46	11	12	13	14	15	16	17
47	18	19	20	21	22	23	24
48	25	26	27	28	29	30	

December 2024							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
48							1
49	2	3	4	5	6	7	8
50	9	10	11	12	13	14	15
51	16	17	18	19	20	21	22
52	23	24	25	26	27	28	29
1	30	31					

January 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
1			1	2	3	4	5
2	6	7	8	9	10	11	12
3	13	14	15	16	17	18	19
4	20	21	22	23	24	25	26
5	27	28	29	30	31		

February 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5						1	2
6	3	4	5	6	7	8	9
7	10	11	12	13	14	15	16
8	17	18	19	20	21	22	23
9	24	25	26	27	28		

March 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9						1	2
10	3	4	5	6	7	8	9
11	10	11	12	13	14	15	16
12	17	18	19	20	21	22	23
13	24	25	26	27	28	29	30
14	31						

April 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
14		1	2	3	4	5	6
15	7	8	9	10	11	12	13
16	14	15	16	17	18	19	20
17	21	22	23	24	25	26	27
18	28	29	30				

May 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
18				1	2	3	4
19	5	6	7	8	9	10	11
20	12	13	14	15	16	17	18
21	19	20	21	22	23	24	25
22	26	27	28	29	30	31	

June 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
22							1
23	2	3	4	5	6	7	8
24	9	10	11	12	13	14	15
25	16	17	18	19	20	21	22
26	23	24	25	26	27	28	29
27	30						

July 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
27		1	2	3	4	5	6
28	7	8	9	10	11	12	13
29	14	15	16	17	18	19	20
30	21	22	23	24	25	26	27
31	28	29	30	31			

Denotes Bank holidays  
 Denotes School holiday dates  
 195 days – including up to 5 days to be taken