

SOLIHULL PARENTING COURSE

PARENT FEEDBACK

Friendly and supportive



The group on the Solihull Parenting including those running the course are all honest, open minded and trusted to keep our discussions confidential. It's helped me realise that like all parents: we are all going through difficult times, there is help, there are ways to handle things better, and we are doing our best. It's provided learning, self-reflection and a chance to really off load too and feel supported.

From the very first day I was hooked, it's interesting, insightful and really makes you think about why the children could be acting in a particular way. Everyone is so friendly and easy to talk to.



no-judgement



I felt the freedom to say what I want without the judgement. I find it very helpful and informative after every session and my expectations for my kids are more normal now.

confidence building

The course improved my confidence as a parent and I would recommend it as an investment in your family."



Enjoyable



For anyone who wants to help engage their children in a more positive way, I would (and indeed have) recommend this group. - "Thank you!

Peer Support

Those Tuesday morning two-hour (often turning into nearly three-hour!) sessions - which I still miss - offered safe sanctuary to unlock barriers to having the courage to publicly express worries and concerns about our own parenting styles and about our children's behaviours, emotions and education which, under Mrs Lloyd and Mrs Southall's quietly guiding hand, were always put in perspective and soothed.

All this together with a good dollop of peer support, often a few tears, calming cups of tea and a comforting biscuit

