

RSE in EYFS and Key Stage

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Thursday 13th May

What is RSE?

Relationships Education will become a compulsory subject in September 2020. This means that by law, we are required to develop and deliver an accessible Relationship Education curriculum. Relationships Education has been defined by the Department for Education (2019) as 'teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships and relationships with other peers and adults'.

By providing a progressive curriculum, which enables all of children to know more about positive relationships (including friendships, family relationships and relationships with adults and children), we hope our children will be enabled to:

Be more resilient;

Believe in themselves;

Persevere with tasks;

Work towards long term rewards

Continue despite setbacks

More than ever before, children are exposed to representations of sex and sexuality through the media/ social media and the social culture around them, at All Saints', we want our children to develop positive relationships with themselves and others.

Relationships Education	Sex Education	Health Education
<p>All schools providing primary education:</p> <ul style="list-style-type: none"> ➤ Families and people who care for me ➤ Caring friendships ➤ Respectful relationships ➤ Online relationships ➤ Being safe <p>We have planned for this through our progressive curriculum at All Saints' alongside PSHE Matters.</p>	<p>Although not compulsory, All Saints' will be planning for, and teaching, age-appropriate Sex Education as agreed and set out through consultations.</p> <p>95% of parents</p> <p>99.4% of 340 parents were satisfied with the curriculum and policy which we devised and consulted on.</p>	<p>All schools.</p> <ul style="list-style-type: none"> ➤ Mental wellbeing ➤ Internet safety and harms ➤ Physical health and fitness ➤ Healthy eating ➤ Drugs, alcohol and tobacco ➤ Health and prevention ➤ Basic First Aid ➤ Changing adolescent body

Curriculum

- ▶ Our PSHE and RSE curriculum was developed in consultation with all members of the school community. Further information on this process can be found [here](#).

Relationship and sex education implementation Summary (17/11/2019)

Are you happy with the proposed curriculum and policy?

Option	Percentage	Quantity
Yes	99.4%	338
No	0.6%	2
Total		340

- ▶ Our agreed, progressive curriculum includes units from Derbyshire's PSHE Matters and our own RSE curriculum, developed in consultation with the community to meet the statutory requirements.
- ▶ The long-term overviews of key knowledge and vocabulary can be accessed on our website. This details the content children will be taught in [PSHE](#) and [RSE](#).

Early Years

- Current Early Learning Goal: : people and communities: “Children talk about past and present events in their own lives and in the lives of family members. They know that other children don’t always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families”
- Identify the people who they love and are special to them.
- Recognise a male role in caring for babies.
- Reflect on feelings when a new sibling is born.

RSE Year 1

- Understand that babies have special requirements and need a lot of care.
- Reflect on the changes so far in their lives and consider futures stages of growth.
- Develop assertiveness skills.
- Develop skills to ask for help.
- Develop skills for dealing with unwanted physical contact.
- Develop strategies for staying safe.
- Understand that there are different types of families and describe the special things that they like to do with their family.

How have you changed since being a baby?

What things can we do to keep ourselves safe?

Can you list some ways to get help?

How are families sometimes different?

What do all families have in common?

RSE Year 2

- Reflect on the fact that our bodies and skills develop at different rates.
- Develop a positive attitude to differences.
- Name the main parts of the body.
- Develop strategies for staying safe.
- Understand that it is always the female that gives birth.
- Explain how a baby is cared for in the womb.
- Explore their perceptions about gender stereotypes.
- Explore the value of trust and identify a person they trust.
- Understand the difference between good and bad secrets.
- Understand that families are special for caring and sharing.
- Develop respect for elderly people and other generations.

Is there such thing as a good and bad secret?
Can you explain some different ways in which family and friends care for each other?

RSE Year 3

- Recognise that change is a part of growing up.
- Identify different types of relationships and begin to identify how to develop the skills to be effective in relationships.
- Begin to identify how to develop the skills to be effective in relationships.
- Recognise some of their own positive qualities, skills and attributes.
- Revise the correct terms for sexual body parts and other major organs in the body.
- Understand the needs of a new baby.
- Consider the impact of a new baby on the family and develop strategies for coping with change.
- Develop skills in asking for help.

How do responsibilities change as we get older?
Can you name and describe some of the different relationships that you have with other people?
What are the three healthiest activities that you do? How do these help your body

RSE Year 4

- Describe strategies for coping with change.
- Develop positive attitude to personal body image.
- Develop positive attitude to all genders.
- Recognise some of their own positive qualities , skills and attributes.
- Begin to learn about the physical and emotional changes during puberty.
- Understand how the need to keep clean changes during puberty.
- Develop strategies for resisting peer pressure.
- Recognise that there are agencies to support children and young people to be safe and happy.

Can you name some way that you need to keep clean during puberty?
What strategies would you find most useful to resist pressure?
Can you name some positive ways to face challenges?
Have any of your ideas changed after these lessons?
Have you any further questions or worries?

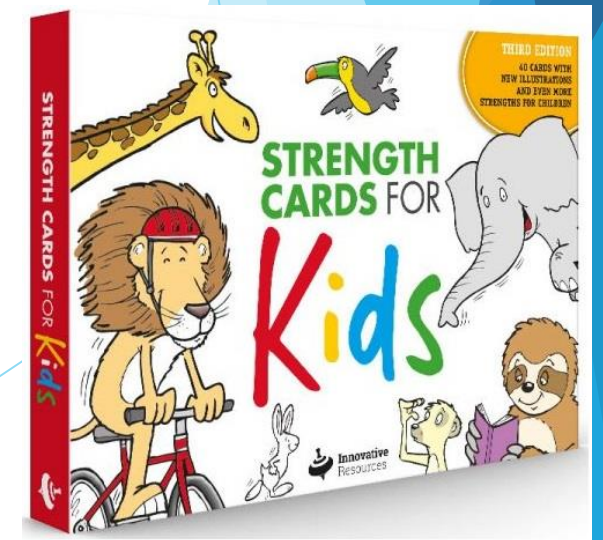
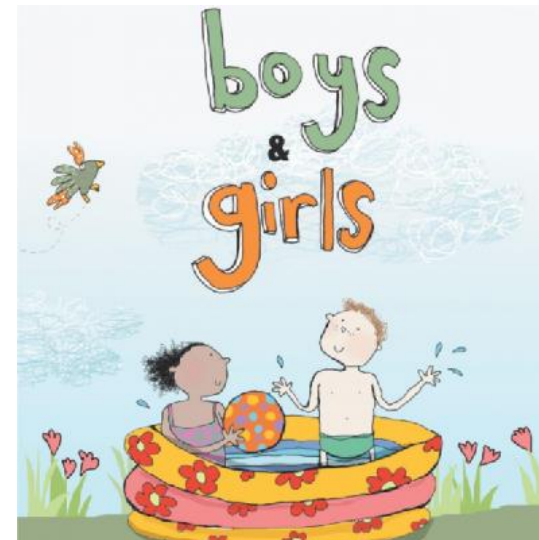
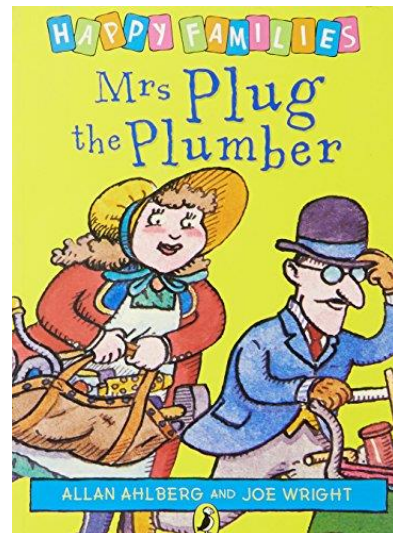
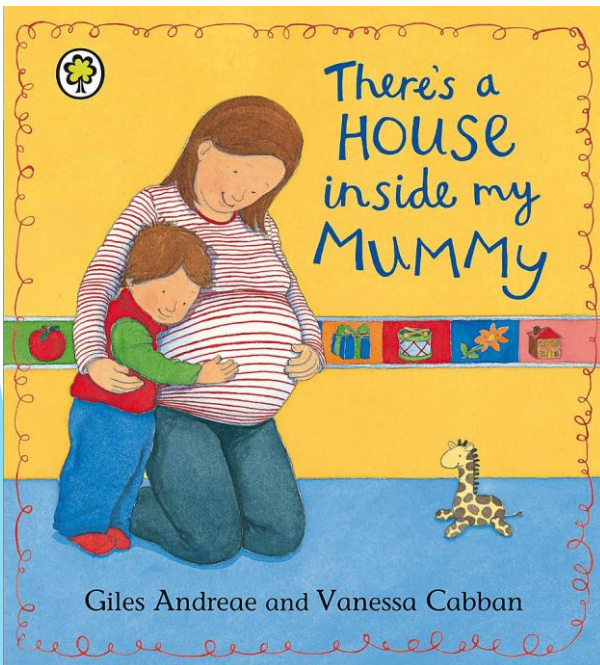
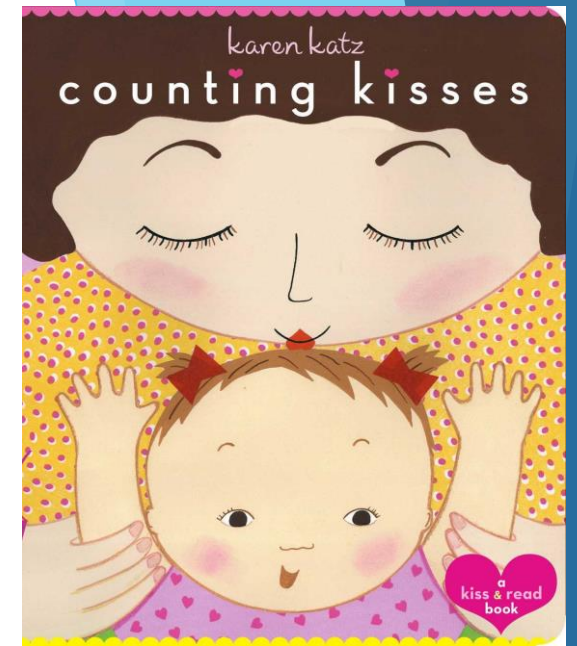
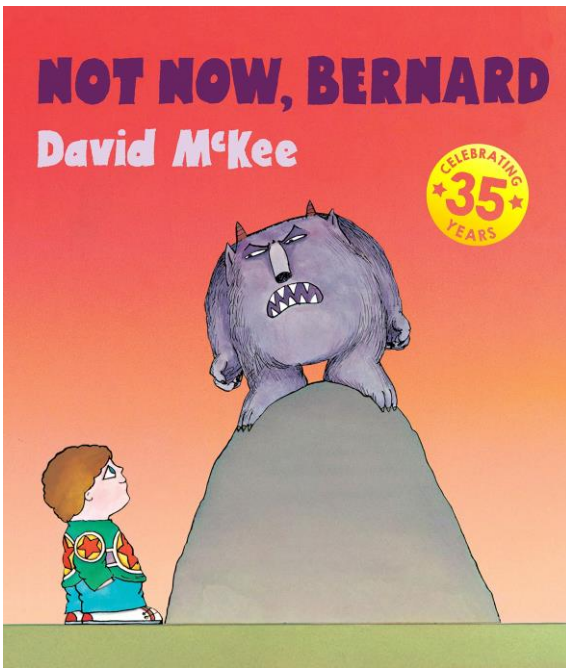
Year 1	Difference and Diversity	Bullying Matters (Link with Anti-bullying week)	Being Healthy	Relationships	Exploring Emotions	Being Responsible
Year 2	Being Me	Being Safe	Money Matters	Growing Up Name the main parts of the body. Understand that it is always the female that gives birth and how a baby is cared for in the womb.	Drug Education	Changes
Year 3	Difference and Diversity	Bullying Matters (Link with Anti-bullying week)	Being Healthy	Relationships Revise the correct terms for sexual body parts and other major organs in the body.	Exploring Emotions	Being Responsible
Year 4	Being Me	Changes	Being Safe	Growing Up Begin to learn about the physical and emotional changes during puberty	Drug Education	Money Matters
Year 5	Differences and Diversity	Bullying Matters (Link with Anti-bullying week)	Being Healthy	Exploring Emotions Explain a range of emotional changes during puberty and how to deal with them.	Relationships	Being Responsible
Year 6	Being Me	Being Safe	Drug Education	Growing Up Consider when an adult may be ready for parenthood Understand how a baby is conceived and born	Money Matters	Changes

	Content from the previous year (17 th May)	Current year group content (June)
Year 1		
Year 2		<ul style="list-style-type: none"> Name the main parts of the body. Reflect on the fact that our bodies and skills develop at different rates. Understand that it is always the female that gives birth and how a baby is cared for in the womb.
Year 3	<ul style="list-style-type: none"> Name the main parts of the body. Reflect on the fact that our bodies and skills develop at different rates. Understand that it is always the female that gives birth and how a baby is cared for in the womb. 	<ul style="list-style-type: none"> Revise the correct terms for sexual body parts and other major organs in the body.
Year 4	<ul style="list-style-type: none"> Revise the correct terms for sexual body parts and other major organs in the body. 	<ul style="list-style-type: none"> Begin to learn about the physical and emotional changes during puberty. Understand how the need to keep clean changes during puberty.
Year 5	<ul style="list-style-type: none"> Begin to learn about the physical and emotional changes during puberty. Understand how the need to keep clean changes during puberty. 	<ul style="list-style-type: none"> Explain and understand a range of emotional changes during puberty and how to deal with them. Understand how girls' and boys' bodies change in puberty (including periods). This is part of the science curriculum.
Year 6	<ul style="list-style-type: none"> Explain and understand a range of emotional changes during puberty and how to deal with them. Understand how girls' and boys' bodies change in puberty (including periods). This is part of the science curriculum. 	<ul style="list-style-type: none"> Consider when an adult may be ready for parenthood. Understand how a baby is conceived and born.

Resources

Websites and video clips to be used:

- Pantosaurus
- Living and Growing



Key Dates

- Week beginning 17th May: Staff to deliver the *previous* year group objectives (helping all of our children acquire the foundations for current learning).
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- Week beginning 24th May: Parents, staff and children to complete questionnaire based on initial thoughts following teaching and learning.
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- Tuesday 15th June: Staff training led by Jane O'Byrne.
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- Week beginning 21st June: Staff to deliver the current year group objectives